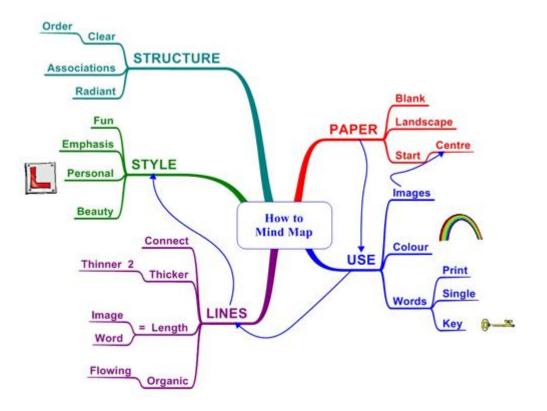


How to do a mind map

- A Mind map always starts with the central idea. This could be a phrase, a word or a couple of ideas which are the main basis to generate new ideas and to fit thoughts together.
- Try to use a piece of blank unlined paper as mapping is a non-linear process and lines could affect the progression of the map.
- All the main ideas which come from the 'Central Idea' can be written around this and linked with arrows or branches. Any Idea can branch off in different directions which can be closely or distantly related to the central idea.
- Once you begin to write, try not to pause, but to keep with the flow of thoughts and ideas. Do not worry if all the information on the page does not all link straight away as further links and groupings can be made later on.
- Once you have stopped, look over your mind map. Is there any more you could include?
- You may wish to include some explanatory notes, questions or comments on your map which relate to a possible idea or to the relationship between one or more of the ideas.
- When you have finished you may wish to colour code relevant sections with highlighters. Colour is one of the most powerful tools for enhancing memory and creativity. For example, if you are looking the work and comparing two artists, perhaps colour code all information of one in yellow and all the information of the other in blue.

• Here is an example of how pictures can be used in a mind map to organise ideas and research. In this example, pictures are used like a story-board.



Taken from :<u>http://www.mind-mapping.co.uk/mind-maps-examples.htm</u>